

Moulton 
COLLEGE

Enrichment Calendar

2024-25



#IAM... AMBITIOUS PROFESSIONAL INCLUSIVE RESILIENT CREATIVE CONFIDENT INDEPENDENT

#IAMMOULTON 

September 2024

Date	Awareness	Extra Information
W/C 9 Sept 2024	Sexual Health Week	Engage you brain and explore the links between sexual health and mental health.
18 Sept 2024	International Equal Pay Day	Their goal is to end pay gap discrimination. https://nationalday.com/international-equal-pay-day
21 Sept 2024	International Day of Peace	Peace Day provided a globally shared date for all humanity to commit to Peace above all differences and to contribute to building a culture of peace. https://internationaldayofpeace.org
23 Sept 2024	International day of Sign Languages	The world will highlight the unity generated by sign languages. https://wfdeaf.org/iwdeaf2024
W/C 29 Sept 2024	Organ Donation Week	The aim of Organ Donation Week is to address the shortage of organ donors by encouraging people to confirm their decision on the NHS Organ Donor Register. ODTenquiries@nhsbt.nhs.uk
29 Sept 2024	International Day of Food Loss and Waste	Aim: to stop food waste https://food.ec.europa.eu/safety/food-waste/international-day-awareness-food-loss-and-waste_en

October 2024

- **ADHD Awareness Month** - ADHD Awareness Months goal is to provide reliable information and resources to help people thrive with ADHD.
- **Global Diversity Awareness Month** - To remind us of the positive impact a diverse workforce of men and women can have on society.
- **Black History Month (UK)** - A widely celebrated and acknowledged time of the year where people come together to recognise and appreciate Black people's contributions to society.
- **Stoptober** - Aims to raise awareness about the health hazards of smoking.
- **Breast Cancer Awareness Month** - Raising awareness - Wear it pink 18 October 2024.

Date	Awareness	Extra Information
4 Oct 2024	World Animal Day	Action for animal rights and welfare. https://www.worldanimalday.org.uk
W/C 7 Oct 2024	National Dyslexia Week	Aims to increase understanding and awareness of dyslexia. https://www.bdayslexia.org.uk/support-us/awareness-events
10 Oct 2024	World Homeless Day	To draw attention to the needs of people experiencing homelessness. https://www.worldhomelessday.org
W/C 14 Oct 2024	Recycling Week	An annual event designed to celebrate and promote the benefits of recycling. http://www.recyclenow.com
18 Oct 2024	Wear Red Day	When many people wear red to show their support for the awareness of heart disease. https://www.theredcard.org/wear-red-day
29 Oct 2024	World Stroke Awareness Day	Raising awareness of the signs and prevention of strokes. https://www.world-stroke.org

November 2024

- **November** - An annual event involving the growing of mustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide.

Date	Awareness	Extra Information
1 Nov 2024	Start of Diwali	Festival of lights, with variations celebrated in other Indian religions. It symbolises the spiritual "victory of light over darkness, good over evil, and knowledge over ignorance." https://www.twinkl.co.uk/event/diwali-2024
W/C 4 Nov 2024	Green Careers Week	A national initiative led by industry professionals to increase awareness about green industry careers and help build relationships with local schools, colleges and universities. https://greencareersweek.com/world-skills-uk
W/C 4 Nov 2024	Stress Awareness Week	An annual event dedicated to raising awareness about stress, its impact on mental and physical health, and the importance of stress management.
11 Nov 2024	Armistice Day	A day for remembering the millions upon millions of soldiers and civilians killed during the First World War.
W/C 11 Nov 2024	Anti-Bullying Week	An annual campaign aimed at raising awareness about bullying, its impact on individuals, and the importance of preventing bullying in Education, communities, and Online Spaces. https://anti-bullyingalliance.org.uk
12 Nov 2024	Purple Tuesday	An annual event dedicated to promoting accessibility and inclusivity for disabled consumers.

November 2024 cont

- **Movember** - An annual event involving the growing of mustaches during the month of November to raise awareness of men's health issues, such as prostate cancer, testicular cancer, and men's suicide.

Date	Awareness	Extra Information
12 Nov 2024	Odd Socks Day	Encourages people to embrace individuality and celebrate differences. On this day, participants are encouraged to wear mismatched socks as a symbol of uniqueness and to promote acceptance of diversity.
13 Nov 2024	World Kindness Day	Make kindness the norm.
W/C 19 Nov 2024	Road Safety Week	Promotes responsible driving behaviours to reduce road trauma. Drivers are encouraged to make pledges, such as driving attentively, avoiding distractions, adhering to speed limits, and protecting vulnerable road users. https://www.brake.org.uk/road-safety-week/take-part
19 Nov 2024	International Men's Day	A global observance that celebrates the positive contributions and achievements of men while addressing important issues affecting men's health, well-being, and gender equality.
Starting 23 Nov 2024	National Tree Week	The UK's largest annual tree celebration, marking the start of the winter tree planting season. https://treecouncil.org.uk/seasonal-campaigns/national-tree-week
30 Nov 2024	St Andrew's Day	The Day of Andrew the Apostle and is celebrated every year in Scotland on 30 November. In 1320, St Andrew officially became the patron saint of Scotland when the country's independence was declared with the signing of The Declaration of Arbroath.

December 2024

Date	Awareness	Extra Information
1 Dec 2024	World AIDS Day	A global movement to unite people in the fight against HIV and AIDS. https://worldaidsday.org
3 Dec 2024	International day of Persons with Disabilities	The day is about promoting the rights and well-being of persons with disabilities at every level of society and development, and to raise awareness of the situation of persons with disabilities in all aspects of political, social, economic, and cultural life. https://www.who.int/campaigns/international-day-of-persons-with-disabilities
4 Dec 2024	Wildlife Conservation Day	Annual reminder of the need to safeguard our planet's remarkable biodiversity.
5 Dec 2024	International Volunteer Day	An annual event that honours the invaluable work of volunteers and volunteer organisations. It aims to inspire more people to engage in volunteer activities and promote the idea that volunteering contributes to building a better and more inclusive world. https://www.un.org/en/observances/volunteer-day
10 Dec 2024	Human Rights Day	Reducing inequalities and advancing human rights.
13 Dec 2024	Christmas Jumper Day	An annual celebration that embraces the joy of the holiday season. It invites individuals, schools, workplaces, and communities to come together and wear their favourite Christmas jumpers. The day not only promotes holiday spirit but also raises funds for charitable initiatives.

January 2025

- **Dry January** - Dry January is a campaign delivered by Alcohol Change UK where people sign up to abstain from alcohol for the month of January.

Date	Awareness	Extra Information
4 Jan 2025	World Braille Day	A tribute to Louis braille, the visionary behind the braille system. https://nationalday.com/world-braille-day
13-17 Jan 2025	National Work Experience Week	Helping people find the career that's right for them and allowing industry to showcase what it has to offer.
20 Jan 2025	Martin Luther King Jr Day	Honouring the achievements of Martin Luther King Jr.
27 Jan 2025	International Holocaust Remembrance Day	In memory of the victims of the Holocaust. https://www.hmd.org.uk
28 Jan 2025	National Lego Day	Global Celebration of creativity.
29 Jan 2025	National Puzzle Day	Recognises the value of puzzles and how they can benefit our mental development.
29 Jan 2025	UCAS Closing Date	UCAS applications need to be complete at this point.
29 Jan 2025	Lunar New Year	Lunar New Year is the beginning of a new year and arrival of spring.
31 Jan 2025	National Hot Chocolate Day	National Hot Chocolate Day warms up people across the country by celebrating the timeless cold-weather beverage.

February 2025

- **LGBT History Month** - LGBT History month is an annual month-long observance of lesbian, gay, bisexual and transgender history, and the history of the gay rights and related civil rights movements.
- **National Interview Month** - Free interview practice sessions aimed at increasing confidence and developing skills for the next steps in students careers.

Date	Awareness	Extra Information
4 Feb 2025	World Cancer Day	Improving education and catalysing personal, collective and government action, working together to reimagine a world where millions of preventable cancer deaths are saved and access to life-saving cancer treatment and care is equitable for all. https://www.worldcancerday.org
W/C 10 Feb 2025	Apprenticeship Week	Bringing together apprentices, employers, training providers, teachers, careers advisors, parents, and carers to be inspired about the opportunities that apprenticeships create.
11 Feb 2025	Safer Internet Day	It is a platform to raise awareness about internet safety and encourage people to take steps to protect themselves from online threats. https://www.saferinternetday.org
13 Feb 2025	Galentine's Day	Celebrates friendship.
14 Feb 2025	Valentine's Day	Celebrating love.
26 Feb - 1 Mar 2025	Colleges Week	An annual celebration of the incredible work colleges do across the country.
28 Feb 2025	First Day of Ramadan	Ramadan is the ninth month of the Islamic calendar, observed by Muslims worldwide as a month of fasting, prayer, reflection, and community. https://www.timeanddate.com/holidays/uk/ramadan-begins

March 2025

- **Careers Month** - A dedicated time to focus on career growth and development.

Date	Awareness	Extra Information
1 Mar 2025	St David's Day	St David's Day, or the Feast of Saint David, is the feast day of Saint David, the patron saint of Wales.
W/C 2 Mar 2025	Women in Construction Week	Celebrates and promotes the role of women in the construction industry. https://wicweek.org
3-8 Mar 2025	National Careers Week	Provides people with the opportunity to explore, discover, and get excited about their future career paths, gain impartial guidance and advice and meet employers, universities and providers relating to next steps.
6 Mar 2025	World Book Day	On World Book Day, every person in full-time education in the UK and the Republic of Ireland is provided with a voucher to be spent on books.
7-16 Mar 2025	British Science Week	A celebration of science, technology, engineering and maths with events and activities taking place across the UK.
8 Mar 2025	International Women's Day	A global day celebrating the social, economic, cultural, and political achievements of women. https://www.internationalwomensday.com/about
W/C 10 Mar 2025	Sustainability Week	An opportunity to create opportunities and awareness for a greener future.
13 Mar 2025	Young Carer's Day	An annual nationwide event organised by the Carers Trust aimed at raising awareness of the importance of young carers across the country. https://carers.org/young-carers-action-day/young-carers-action-day

March 2025 cont

- **Careers Month** - Encourages career development professionals to celebrate career development.

Date	Awareness	Extra Information
17 Mar 2025	St Patrick's Day	Saint Patrick's Day, or the Feast of Saint Patrick, is a religious and cultural holiday held on 17 March, the traditional death date of Saint Patrick, the foremost patron saint of Ireland
W/C 17 Mar 2025	Neurodiversity Week	Aims to bring about worldwide neurodiversity acceptance, equality and inclusion in colleges, schools and workplaces.
20 Mar 2025	International Day of Happiness	Aims to make people around the world realise the importance of happiness within their lives. https://www.calendarr.com/united-kingdom/internation-day-of-happiness
21 Mar 2025	Red Nose Day	Uses comedy as a means to fundraise money for great causes.
21 Mar 2025	International Day of Elimination of Racial Discrimination	Combating Discrimination https://www.un.org/en/observances/end-racism-day
22 Mar 2025	World Water Day	Highlights the importance of fresh water. https://sdgresources.relx.com/events/world-water-day-2025
26 Mar 2025	National Purple Day	Epilepsy Awareness https://purpleday.org
29 Mar 2025	Earth Hour	From 8.30 pm to 9.30 pm people are encouraged to turn their lights and non-essential appliances off to raise awareness about the issues of climate change.
30-31 Mar 2025	Eid - End of Ramadan	Eid al-Fitr marks the end of Ramadan, the Muslim holy month of fasting, and is celebrated during the first three days of Shawwāl, the tenth month of the Islamic calendar

April 2025

- **Stress Awareness Month** - An opportunity to help each other recognise the signs and symptoms of stress and learn strategies to ensure we all have healthy stress levels.
- **EDI Month** - Recognise and honour the diversity surrounding us all.

Date	Awareness	Extra Information
2 Apr 2025	Autism Awareness Day	To represent and empower neurominorities, fostering acceptance, appreciation, education, and advocating for equal opportunities and human rights. https://www.autismspeaks.org/world-autism-awareness-day
2 Apr 2025	National Walking Day	Encourages people of all ages and abilities to take a step towards better health.
22 Apr 2025	Earth Day	To protect the planet from things like pollution and deforestation. https://www.greenmatters.com/earth-day/earth-day-2025
23 Apr 2025	World Book Night	World Book Night brings people from all backgrounds together for one reason - to inspire others to read more.
23 Apr 2025	St George's Day	St George became a legendary figure in English history due to his courage and bravery, however he never actually set foot in England. The country adopted him as its patron saint, with 23 April being chosen as the date of celebration to mark his death.
30 Apr 2025	International Guide Dog Day	Honours guide dogs and the amazing work these companions do for those who are blind or have low vision. https://www.igdf.org.uk/about-us/international-guide-dog-day

May 2025

- **Mental Health Awareness Month** - Educate each other about mental illness, raise awareness surrounding research and treatments, reduce the stigma associated with mental illness, and celebrate recovery from mental health.

Date	Awareness	Extra Information
1 May 2025	World Password Day	Every year the day offers an opportunity to reflect on our digital security and think about how safe we are keeping our data from cyber threats and unauthorised access.
4-10 May 2025	Hedgehog Awareness Week	Highlights the problems that our beautiful hedgehogs face and how we can all help them. https://www.britishhedgehogs.org/hedgehog-awareness-week-5th-11th-may-2024
W/C 5 May 2025	Deaf Awareness Week	To raise awareness of the deaf community. https://nationalday.com/deaf-awareness-week
8 May 2025	World Red Cross Day	Celebrate local to global humanitarian action.
8 May 2025	VE Day	When the allies formally accepted an unconditional surrender by the armed forces of Germany.
W/C 12 May 2025	Mental Health Awareness Week	To raise awareness of mental health and reduce the stigma.
20 May 2025	World Bee Day	Aims to raise awareness on the importance of pollinators, the threats they face and their contribution to sustainable development. https://sdgresources.relx.com/events/world-bee-day
21 May 2025	International Tea Day	A celebration of the cultural significance and rich history of tea around the globe.
21 May 2025	National Numeracy Day	Aims to celebrate numbers and how we use them in everyday life. Encouraging people to feel curious about numbers, explore how they can benefit them in day to day life and develop confidence in their numeracy skills.

June 2025

- **Pride Month** - A month dedicated to celebrating LGBTQ+ communities all around the world.
- **Black Lives Matter Month** - In pursuing liberation, we envision a future fully divested from police, prisons, and all punishment paradigms and invests in justice, joy, and culture.
- **Men's Mental Health Awareness Month** - Reducing the stigma of Men's mental health.

Date	Awareness	Extra Information
W/C 1 June 2025	Volunteers Week	Celebrates the amazing contributions volunteers make to communities across the UK. https://volunteersweek.org/about-volunteers-week/what-is-volunteers-week
5 June 2025	World Environment Day	Encouraging worldwide awareness and action to protect our environment
8 June 2025	World Ocean's Day	World Ocean's Day reminds everyone of the major role the oceans have in everyday life. They are the lungs of our planet and a major source of food and medicine and a critical part of the biosphere. https://worldoceanday.org