Example Targeted CV

Adam Bowers

0778

109a Any Road, Rotherham, South Yorkshire, S63 3AB

adam-bowers@er

Profile

With 20 years experience in the construction industry as a labourer, brickly plant operator, combined with practical, hands-on experience in carpentry electrics. Physically fit with a good head for heights. Precise, accurate a worker. Currently seeking construction work in the UK or overseas.

This format of CV allows you to choose which abilities and achievements will be appropriate for the job you are applying for. This is different from a format like Performance where you would list all your responsibilities.

Abilities

- Assisting various tradespersons such as carpenters, plasterers, electricians and plumbers with site duties
- Concreting layering and smoothing concrete for foundations, floors and beams
- Roadworking concreting, laying kerbs, paving and re-surfacing
- Groundworking marking out and digging shallow trenches for foundations and drains
- Dry lining fixing internal plasterboard or wallboard partitions ready for decorating
- Awareness of on-site health and safety, especially when working at heights and carrying loads
- Knowledge of small build to large scale construction projects
- Confident in driving earth moving bulldozers, dumper trucks and compactors.

Achievements

Achievements and responsibilities are different. Responsibilities could be undertaken by whoever was doing the job; achievements are unique to you. They can make you stand out from other candidates.

- Selected to travel overseas with a previous employer to work on the construction of a new hospital in France, which at the time was behind schedule, ultimately helping to bring it in within budget and on time
- Achieved On-Site Safety Award for commitment to health and safety
- Worked voluntarily every weekend for three months to help build a local community centre, taking on-site supervisor responsibilities

Regularly support local football club with groundwork duties, relaying a new pitch prior to the start of the new football season and assisting with maintenance throughout the year.

The work history section is different from a standard Performance CV as it just includes dates, job title and company name.

Work History

- 2008 2009 General Labourer/Plant Operator Thomas Construction 2007 – 2008 Bricklaver **GBH & Sons Builders** 2006 – 2008 Various construction roles Smith and Weston in Europe, USA and Africa 2004 - 2006 Bricklayer Barns Homes Ltd 1998 – 2004 Various construction roles Green's Employment Agency **Barnetts Electricals** 1995 – 1998 Apprentice Electrician 1991 – 1995 Apprentice Joiner Jones and Haywood Adam started two apprenticeships when he left school but did not finish them. **Qualifications and Training** However, he did gain valuable skills that he has continued to use. He has therefore listed them but has not included a related qualification.
 - Construction Skills Certification Card (CSCS) construction site health and safety certificate after successfully completing the Experienced Worker Practical Assessment (EWPA) (expires 2011)
 - Construction Plant Competence Scheme (CPCS) in-date licence to drive construction plant machinery (expires 2011)
 - City & Guilds (6217-08) Basic Construction Skills: Multi-crafts
 - 5 CSEs
 - Fork Lift Truck Licence
 - Full UK Driving.

Adam has included expiry dates of his licences so employers will know they are in date.

Interests

I regularly work out and I am a member of a local gym. I play for my local football team and also enjoy outdoor activities, including fishing and diving.

These interests may not be directly relevant for the work he is applying for but they do highlight his physical fitness (an important factor in such a physical job).