

Sport

Diploma Level 3

STUDY MODE
Full time

LOCATION
Moulton

LEVEL
Level 3

START DATE
Sept 2025

DURATION
2 years



This qualification is slightly smaller version of the Extended Diploma in Sport, and is equivalent to two A-Levels instead of three.

This version of the qualification will allow students to retake their GCSEs in English and/or Maths if they have not yet achieved a grade 4 or above.

You will still study a wide range of sport subjects including subjects such as Anatomy and Physiology, Sports Coaching and Practical Sports Performance.

The breadth of content in this qualification allows learners to widen their opportunities to progress to a number of different higher education courses and sport careers.

What will I learn on the course?

You will learn about a variety of different sport subjects with units changing every four to five months.

The current structure of the course is:

Year 1

- Anatomy and Physiology
- Fitness Training and Programming
- Sports Leadership
- Practical Sports Performance
- Professional Development in the Sports Industry

Year 2

- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport
- Rules, Regulations and Officiating in Sport
- Application of Fitness Testing
- Sports Event Organisation

What will this course cost me?

You will be required to buy sports clothing and shoes for this course. Moulton branded kit can also be brought.

[Click here](#) to find out more about the required sports kit.

What does a typical week look like?

This is a full time course taking place on three days per week from 9am - 4:30pm. There will be a mix of practical and theoretical work which are split into 1 hour - 2 hour lessons.

How will I be assessed?

- Practical assessments
- Externally assessed Exams
- Written coursework and workbooks
- Presentations

Where can it lead to?

You may go on to a career in Coaching, Teaching or Sports Therapy. There are excellent opportunities for progression to a wide variety of sports courses at university, or you could complete an apprenticeship.

What are the entry requirements for this course?

Four GCSEs at grade 9-4 (A*-C), a relevant Level 2 Diploma in Sport or an apprenticeship qualification. In addition, students must have at least a grade 4 or above in either Maths or English.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pessd/sport-diploma-level-3>

For further information please contact the college: <https://www.moulton.ac.uk/contact>